



Women In Nature Outdoor Skills Workshop

April 25, 2009

8:00 a.m. - 4:30 p.m.

Elbridge Rod and Gun Club
Laird Road, Elbridge NY

Because space is limited, all participants **MUST REGISTER** ahead of time. There will be NO on-site registration.

REGISTRATION: Fill out the enclosed registration form (page 3) - one form per person. Mail completed form(s) to **Women In Nature, P.O. Box 163, Manlius NY 13104-9998**. Space is limited. Acceptance in to the workshop will be on a first-come, first-served basis until we are full. Registration forms received after we reach full capacity will be added to our waiting list. **All Registration forms MUST be postmarked by April 1st**. If your application is accepted, you will receive a confirmation postcard with your assigned classes. If you register and later find you cannot attend, please e-mail womeninnature@aol.com so a woman from our waiting can take your spot. If you do not have internet access, please call Julie: (315) 243-7667 between the hours of 12:00 p.m. and 6:00 p.m.

CLASSES: Course descriptions are listed on **page 2** of this registration packet. Keep in mind that all courses are geared toward beginners. There will be three class times/sessions during the day: two in the morning and one in the afternoon (see enclosed schedule, page 5). Some courses are offered at all sessions. Others are offered only in the morning or only in the afternoon. Fishing classes are offered as a double morning session and are off-site. Some courses require licenses or signed release forms.. **Please read course descriptions carefully**. Please indicate as many courses as interest you. The more choices you indicate, the more chance you have of getting into classes. The classes and times will then be assigned for you. Same-class placement is mandatory for minors and their accompanying adult. We will try our best to place friends and adult relatives in the same classes if requested, but we cannot guarantee same-class placement.

CHECK IN: Please arrive to check-in at the Elbridge Rod & Gun Club between **8:00 a.m. and 8:40 a.m.** (directions on Page 4). All participants will be given a schedule of events and a site map at check-in. Bring any required signed forms and State licenses (see course descriptions for requirements) with you to the event and present them at check-in.

FOOD: A small, continental breakfast will be available in the morning before classes begin. A wild game lunch will be provided from noon to 1:00 PM. Upon request, additional menu choices for vegetarians and others who do not prefer wild game meat will also be available. Please tell us when you check-in. You may also bring your own prepared lunch and snacks. Water, coffee, and tea will be available throughout the day. Food is provided free of charge.

INCLEMENT WEATHER: This event will take place rain or shine. This is an outdoor experience; participants should come prepared for the elements. Bring comfortable, weatherproof footwear, layers, sunscreen, insect repellent & rain gear.

PHOTOGRAPHS AND LIABILITY: We ask that you please read thoroughly and sign the release section of the registration form. Minors should have their parent/legal guardian sign the form. If you are to be identified by name in any photographs, you (your legal guardian) will be asked on-site for permission.

MINORS: Participants ages 12 to 17 **MUST** be accompanied by an adult at all times. So, **minors and their accompanying, participating adults need to fill-in registration forms with the exact same class preferences**. Certain courses have specific requirements for participation by minors, so, please read course descriptions carefully.

DIRECTIONS: Refer to Page 4

CARPPOOLING: We encourage carpooling when possible; parking on site is limited.

RAFFLES: We will be selling raffle tickets to benefit a scholarship for college students in environmental conservation.

SPONSORS: This Women in Nature event is made possible by the support of the Onondaga County Federation of Sportsmen's Clubs and its members, various non-profit groups, local retail businesses, and individuals. See event day program for complete listing.

This is a smoke-free event



Course Descriptions

Aquatic Ecology (afternoon only)- This is a fun hands-on activity where participants will learn about the biology, life history, and identification of the major orders of aquatic insects by examining live and preserved specimens. Participants will also learn about trout fishing flies that match the various species and life stages of aquatic insects found in streams.

Beginning Archery - Learn about the different types of archery equipment that are available, bow and arrow terminology, safety, and proper shooting form. Participants will have the opportunity to shoot with equipment provided.

Back Country Survival Skills - This course will teach the basics of properly planning a trip into the backcountry and basic survival skills. We will cover trip planning, necessary equipment, proper clothing and footwear, food and water, communications, land navigation skills (map/compass/GPS), basic backcountry first aid, shelter building, and fire building skills (in the event our Forest Ranger instructors are called to duty, a class in map & compass and Global Positioning Systems (GPS) will be given in its place).

Birding Basics - Open your eyes to the world of birds. This course will take you through basic bird-watching skills such as: bird silhouette and field mark identification, identifying the "usual suspects" through sight and sound, and how to use binoculars and a spotting scope. If you have binoculars, please bring them with you. If you do not, we will have some on hand.

Camping Skills - This introduction to camping will get you started on what and how to pack for a car-camping or back-packing trip, set up a tent, cook outdoors and plan for a safe and enjoyable time living temporarily in the great outdoors.

Fishing 101 - (off-site, double-session, morning only) Participants will learn about basic freshwater fishing techniques and gear that will help them become skilled anglers. Topics will include tackle basics, knot tying, spin-casting, bait-casting, NY State fishing regulations, safety on the water, and much more. You will have time to try your new skills on the water. **A NY State fishing license is required for this class; so, please purchase a fishing license before the 25th and bring it with you.** Fishing licenses are sold at many town halls, sporting good stores, and sporting goods departments in some large discount stores. You may drive your own vehicle or carpool with other participants from the Elbridge Rod & Gun Club to the class-site to be announced.

Fly-Fishing - (off-site, Double-session, morning only) Learn how to fly cast and choose and purchase equipment and the necessary gear to be able to safely and comfortably fly-fish the rivers and streams of Central New York. Each participant will be given artificial flies to try out their new fly-rod casting skills on the water. **A NY State fishing license is required for this activity; so, please purchase a license before the 25th and bring it with you.** Fishing licenses are sold at many town halls, sporting good stores, and sporting goods departments in some large discount stores. You may drive your own vehicle or carpool with other participants from the Elbridge Rod & Gun Club to the class-site to be announced.

Beginning Fly Tying - (afternoon only) You will learn about the basic tools, steps, and materials for crafting artificial insects used in fly fishing. You will tie at least one fly by the time this class is over. Fly tying is not just for trout anymore.

Muzzleloading - (afternoon only) Learn all about the firearm that has been used for over 600 years, the muzzleloader. You will be instructed in safe handling, loading and shooting. Participants will get time to practice at the shooting range. **A firearms policy agreement** and, if applicable, a **youth permission slip**, are included in this mailing for signatures before the event date. Bring the signed forms with you to the check-in table on event day.

Nature Journaling (afternoon only) - Nature journaling is a combination of capturing images found in nature and writing about the observations made in the field. You will learn basic drawing skills, the use of watercolors, colored pencils, photography, and the important elements of nature journaling. You will go on a nature walk to get you started on your own, personal nature journal. Blank journals will be provided.

Outdoor Cooking (morning only) - Learn all types of outdoor cooking techniques including Dutch ovens, propane and wood-fired ovens, and open fire. Receive hands-on knowledge and skills to "wow" your family and friends on your next camping trip.

Rifle Shooting - Learn how to shoot with a rifle at still targets. Firearms safety, range rules, holding, and aiming and firing positions will be covered in this course. **A firearms policy agreement** and, if applicable, a **youth permission slip**, are included in this mailing for signatures before the event date. Bring the signed forms with you to the check-in table on event day.

Shotgun Shooting - This is a great opportunity for first-timers to get the feel of a shotgun and shoot at still and moving (clay pigeon) targets. Firearms safety, range rules, holding, pointing and firing positions will be covered in this course. **A firearms policy agreement** and, if applicable, a **youth permission slip**, are included in this mailing for signatures before the event date. Bring the signed forms with you to the check-in table on event day.

Wild Game Cooking (morning only) - Former Syracuse Post-Standard outdoors writer Mike Kelly will conduct a class on preparing fish and game for the table. He'll demonstrate with some of his favorite recipes -- appetizer, soup, and main course -- and advise on how to pick the right wines for your game dinners. Samples (food, not wine) will be available, and Mike will also hand out recipes for you to try at home.

WIN Registration Form for April 25, 2009 Workshop

Mail right away to: **Women In Nature, PO Box 163, Manlius NY 13104-9998**

All forms **MUST** be postmarked by **April 1, 2009**

Read page 1 for important registration information.

NAME _____

PHONE: DAYS (____) _____ EVES (____) _____

ADDRESS _____

CITY/STATE/ZIP _____

COUNTY _____ AGE, IF UNDER 18 _____

EMAIL ADDRESS _____

FOR OFFICE USE ONLY

Date Rec'd: _____

By: _____

Confirmation mailed: _____

Note: _____

After carefully reading the course descriptions on page 2, please check all the courses that interest you. The more courses you list, the better your chances of getting in. Be sure to include morning and afternoon classes

Morning Only

- Fishing 101
- Fly-Fishing
- Outdoor Cooking
- Wild Game Cooking

Offered in Morning & Afternoon

- Back Country Survival
- Beginning Archery
- Birding Basics
- Camping Skills
- Rifle Shooting
- Shotgun Shooting

Afternoon Only

- Aquatic Ecology
- Beginning Fly Tying
- Muzzleloading
- Nature Journaling

Please place me in classes with (names): _____
(A minor and her accompanying adult will be placed in the same classes)

Registration materials were printed before the workshop date. Course content, class topics, instructors & schedule are subject to change

Free T-shirt Size: ___ Small ___ Medium ___ Large ___ X-Large ___ 2X ___ 3X

Request for alternatives to wild game and fish lunch: non-game meat vegetarian

I hereby acknowledge that there are inherent risks in participating in the Women in Nature (WIN) Outdoor Skills Workshop and that I take full responsibility for all action or injury that may result to myself or my child participating in this program. I agree that I will not bring claims against the Onondaga County Federation of Sportsmen's Clubs, Women in Nature, The Elbridge Rod and Gun Club, or the instructors, operators, planners, volunteers, or sponsors of this workshop whether such claims are known or unknown in the future. I also give permission for images of myself and my child (if participating) to be used for the sole purpose of promoting Women in Nature and the Onondaga County Federation of Sportsmen's Clubs through publications, displays, its website and other media and waive any rights of compensation or ownership thereto. If signing for a minor, I also attest that I am the parent or legal guardian of said child, listed on the top of this page.

Participant's signature or Parent/Legal Guardian's signature if participant is under 18 years of age

Date signed

In Case of Emergency, contact (name): _____

phone #1 (____) _____ phone #2 (____) _____

List any allergies or other health concerns: _____

Directions to Elbridge Rod and Gun Club

From Syracuse Area

Take I-481 to I-690 West.

Take I-**690 West** toward Camillus to Exit # 6 [**695 South/5 West - Auburn**].

Follow State Route 695 South to State Route 5 West.

Stay on Rte. 5 to end of highway.

Take Right lane, staying on Route 5/W. Genesee TrnPk. toward Elbridge.

Go 4 miles to Fikes Road. (1.9 miles from 2nd light (at Bennett Corners) to Fikes Rd).

Turn Right (just before Summit Ford dealership) onto Fikes Road.

Follow Fikes Rd. to end (2 miles).

Turn Right on Whiting Rd. then first Left (380 ft.) onto Laird Road.

Elbridge Rod & Gun Club is 0.8 miles up the Road on the Left.

From Auburn Area

Take State Route 5 East to the Village of Elbridge.

After First Light (Junction with 317) go 2.5 miles to Fikes Road on the Left. (just past Summit Ford).

Follow Fikes Road to end (2 miles).

Turn Right on Whiting Rd. then first Left (380 ft) onto Laird Road.

Elbridge Rod & Gun Club is 0.8 miles up the Road on the Left.

From Baldwinsville Area

From Rte 48 in the Village, head west on Downer Street.

Follow to the Left as it becomes New Route 31/Route 31.

Head South on Route 31 for 5 miles.

From 173 intersection (Old State Rte 31/Warners Rd), continue on Route 31 for 0.5 mile to Laird Rd. on the Left.

Follow Laird Road for 1.1 mile to Elbridge Rod & Gun Club on the Right.

WIN Workshop Schedule April 25, 2009

Elbridge Rod & Gun Club

Time	Event
8:00am - 8:45am	Check-in
8:00am - 8:45am	Continental Breakfast & Raffle Ticket Sales
8:45 am	Welcome, Introductions & Orientation
9:00am- 10:15am	Session A Classes
10:30am-1:45am	Session B Classes
11:45pm-2:15pm	Exhibits Open
12:00pm-1:00pm	Wild Game Luncheon & Raffle Ticket Sales
1:15pm - 2:15pm	Demonstrations
2:30pm - 3:45pm	Session C Classes
4:00 pm	Raffle Drawing Fill-out Evaluation forms
4:30 pm	Approximate Departure Time

Scheduled demonstrations may include:

hunting dogs, fly tying, pistols, black powder muzzleloaders,
laser-simulated shooting, deer processing, gun cleaning,
cleaning fish, tree-stand safety, duck-calling

Minors who are not accompanied by their legal guardian and have not brought a signed 'Youth Permission to Shoot' form will NOT be able to participate in any firearms shooting demonstration or course. (see page 7)

Onondaga County Federation of Sportmen's Clubs

*Women In Nature
Outdoor Skills Workshop
April 25, 2009*

Firearms Policy Agreement

Attention Shooting Class or Shooting Demonstration Participants:

Please read carefully and **bring this form with you** to the April 25th Workshop

This is Women in Nature's event policy on firearms:

- 1.) You are allowed to bring your own gun, although, guns will be provided by WIN instructors for your use during class.
- 2.) You alone are fully responsible for securing your personal firearm on site.
- 3.) You are NOT to bring your own ammunition.
Ammunition will be provided at the WIN shooting class.
- 4.) Always follow the basic rules of gun safety and laws including, but not limited to:
 - Always treat every gun as if it were loaded.
 - Always point your gun's muzzle in a safe direction.
 - Know what your target is and what is beyond it.
 - No loaded guns in or on a motor vehicle.
- 5.) Guns must be kept secured in a case to and from the shooting field.
- 6.) No firearms are permitted anywhere besides the specified shooting venues (the club skeet and target ranges) and for personal firearms, to and from your locked vehicle.
- 7.) Youth participants who are not being accompanied on-site by their legal guardian/parent must bring in the attached permission form - signed by their legal guardian/parent, in order to participate in the shooting classes.

I fully understand and agree to adhere to the above stated **Women In Nature** firearms policy.

Print Full Name: _____

Signature: _____

Date: _____

Thank you for adhering to our policy to insure your safety and the safety of those around you.

Onondaga County Federation of Sportmen's Clubs

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Youth Permission to Handle and Shoot Firearms

I, _____, am the parent or legal guardian
Print full name of parent or legal guardian

of _____,
Print name of minor child participating in this event

whose date of birth is _____ - _____ - _____
day month year

and I hereby give permission for him/her to possess a rifle, shotgun, or air-gun for the purpose of handling, loading and firing under the immediate supervision, guidance, and instruction of the event firearms instructors at this Onondaga County Federation of Sportsmen's Clubs *Women in Nature* Outdoor Skills Workshop taking place on April 25, 2009.

Signature _____

Date ____ - ____ - ____

Telephone # (____) _____ - _____

Participant must bring this signed form to the Workshop and hand it in at the check-in table in order to participate in any firearms shooting course or demonstration.