

## Instructions

Because space is limited, all participants **MUST REGISTER** by March 26, 2010. There will be NO on-site registration.

**REGISTRATION:** Online registration this year can be done at [www.federationofsportsmen.com](http://www.federationofsportsmen.com) Otherwise, fill out the enclosed *Registration Form* (page 5) - one form per person. Mail completed form to **Women In Nature, P.O. Box 163, Manlius NY 13104-9998**. Space is limited. Acceptance in to the workshop will be on a first-come, first-served basis until space is full. Registration forms received after we reach full capacity will be placed on our Waiting List. **All Mailed Registration forms MUST be postmarked by March 26, 2010**. Online registration also ends on **March 26**. If your application is accepted, you will receive a confirmation postcard with your assigned classes. If you register and later find you cannot attend, please e-mail [womeninnature@aol.com](mailto:womeninnature@aol.com) to notify us so that a woman from our Waiting List can take your spot. If you do not have internet access, please call Julie Fishman: (315) 243-7667 between the hours of 9:00 a.m. and 5:00 p.m.

**MINORS:** Minimum age to participate is **12 years old**. Participants ages 12 to 17 **MUST** be accompanied by an adult at all times. So, **minors and their accompanying, participating adults need to fill-in registration separate forms with the exact same class preferences checked**. Certain courses have specific requirements for participation by minors, so, please read course descriptions carefully. Participation release and shooting permission forms should be signed ahead by parents if minors are coming with an adult that is not their parent or legal guardian (scout leaders, aunts, grandmothers, friends, etc.).

**CLASSES:** Course descriptions are listed on **pages 3-4** of this registration packet. Keep in mind that all courses are geared toward beginners. There will be three class sessions during the day: two in the morning and one in the afternoon (see enclosed schedule, page 10). Some courses are offered at all sessions. Others are offered only in the morning or only in the afternoon. Some classes are offered as a double morning session and may be off-site. Some courses require licenses or signed release forms. **Please read *Course Descriptions* carefully.**

**CHOOSING COURSES:** On the registration form, please choose 3 or more classes per session. The more choices you indicate, the more chance you have of getting into all sessions. **If you only choose one or two classes per session and they have already been filled, we need to know what other classes you'd like to take, otherwise we cannot place you.** Please, check-off only the courses that you want to take. The classes will then be assigned for you. We make placements fairly, but cannot guarantee first or second choices. You may request class placement with someone else on the registration form. **Same-class placement is mandatory for minors and their accompanying adult.** (Read MINORS section above.) It is best to send those registration forms at the same time. We will try our best to place friends and relatives in the same classes if requested, but we cannot guarantee same-class placement.

**CHECK IN:** Please arrive to check-in at the Camillus Sportsmen's Club at 5801 Devoe Road in Camillus, New York between **8:00 a.m. and 8:40 a.m.** (*Driving Directions* on page 9, *Event Schedule* page 10) on Saturday, April 24, 2010. All participants will be given a schedule of events and a site map at check-in as well as a complimentary T-shirt (indicate size on registration form). Bring any required signed forms and State licenses (see course descriptions for requirements) with you to the event and present them at check-in.

**This is a SMOKE-FREE event.**

**FOOD:** A small, continental breakfast will be available in the morning before classes begin. A wild game lunch will be provided from noon to 1:00 p.m. Upon request, additional menu choices for vegetarians and others who do not prefer wild game meat will also be available. Please check food preference on your Registration Form. You may also bring your own prepared lunch and snacks. We may not be able to accommodate more restricted diets. Water, coffee, tea, and cocoa will be available throughout the day. Food is provided free of charge.

**INCLEMENT WEATHER:** This event will take place in rain, snow or shine. This is an outdoor experience; participants should come prepared for the elements. Bring comfortable, sturdy weatherproof footwear (not sandals), wear layers, bring sunscreen, insect repellent & rain or cold-weather outerwear. If taking a boating class, bring a complete change of clothing (including underwear) and footwear because you may get wet. Bare feet or sandals in the boats are not allowed.

**PHOTOGRAPHS AND LIABILITY:** We ask that you read thoroughly and sign the release section of the registration form. If you are registering on-line, please read the *Participation Release Form and Emergency Contact for Online Registrants* ahead of time and be prepared to sign the form at the check-in table. **Minors should have their parent/legal guardian sign the form.** If minors are to be accompanied by an adult that is not their legal guardian, please download and print the release forms and bring them signed. If you are to be identified by name in any photographs, you (your legal guardian) will be asked on-site for permission.

**GETTING THERE:** *Directions to the Camillus Sportsmen's Club* can be found on **page 9** of this registration packet. We encourage you to carpool with family and friends; parking on site is limited. Please call to arrange disability parking access (315) 243-7667

**RAFFLES:** We will be selling raffle tickets to benefit the John & Irma Handov Memorial scholarship for college students enrolled in environmental conservation curriculum. Prizes may include hunting and fishing trips, club memberships, various outdoor recreation equipment and related items. For scholarship information, go to [www.federationofsportsmen.com](http://www.federationofsportsmen.com)

**SPONSORS:** This Women in Nature event is made possible by the support of the Onondaga County Federation of Sportsmen's Clubs and its members, various non-profit groups, local retail businesses, and individuals. If you or your place of business or non-profit group wish to donate to our event or place an advertisement in our event day program, please contact Ed Pugliese at [pka7@aol.com](mailto:pka7@aol.com) or call 315-263-6699. A complete list of sponsors will be printed in our event day program booklet.

## Course Descriptions

**Aquatic Ecology** (afternoon only) - This is a fun hands-on activity where participants will learn about the biology, life history, and identification of the major orders of aquatic insects by examining live and preserved specimens. Participants will also learn about trout-fishing flies that match the various species and life stages of aquatic insects found in streams.

**Beginning Archery** (morning or afternoon) - Learn about the different types of archery equipment, bow and arrow terminology, safety, and proper shooting form. Participants will have the opportunity to shoot with equipment provided.

**Back Country Survival Skills** (morning only) - A New York State Forest Ranger, will teach you how to get ready for a trip into the back country and instruct you in basic survival skills. We'll cover trip planning, necessary equipment, proper clothing and footwear, food and water, communication, land navigation skills (map/compass/GPS), basic wilderness first aid, shelter building, and fire building skills.

**Birding Basics** (morning only) - Open your eyes to the world of birds. This course will take you through basic bird-watching skills such as: bird silhouette and field mark identification, identifying the "usual suspects" through sight and sound, and how to use binoculars and a spotting scope. If you have binoculars, please bring them with you. If you do not, we will have some on hand.

**Canoeing Skills** (morning or afternoon) - Enjoy canoeing on the old Erie Canal. Learn basic paddling strokes, how to maneuver a canoe, and important boating safety rules. You may get wet! Wear an old pair of sneakers or thick-soled neoprene water booties and bring a complete change of clothes & footwear. You must be able to swim.

**Fishing 101** - (double-session, morning only) - Participants will learn about basic freshwater fishing techniques and gear that will help them become skilled anglers. Topics will include tackle basics, knot tying, spin-casting, bait-casting, NY State fishing regulations, safety on the water, and much more. You will have time to try your new skills on the water. **A New York State fishing license is required for this class; so, please purchase a fishing license before the 24<sup>th</sup> and bring it with you.** Fishing licenses are sold at many town halls, sporting good stores, and sporting goods departments in some large discount stores.

**Fly-Fishing** - (Double-session, morning only) - Learn how to fly cast, how to choose the necessary gear to be able to safely and comfortably fly-fish the rivers and streams of Central New York. Each participant will be given artificial flies to try out their new fly-rod casting skills on the water. **A New York State fishing license is required for this activity; so, please purchase a license before the 24th and bring it with you.** Fishing licenses are sold at many town halls, sporting good stores, and sporting goods departments in some large discount stores.

**Beginning Fly Tying** - (afternoon only) - You will learn about the basic tools, steps, and materials for crafting artificial insects used in fly fishing. You will tie at least one fly by the time this class is over. Fly tying is not just for trout anymore.

**Geocaching** - (afternoon only) - Geocaching (jee'-oh-kashing) is a fun and new outdoor activity which uses Global Positioning System (GPS) units while searching for hidden treasures. Finger Lakes State Parks Naturalist Chris Smith will conduct a class about using GPS units and how to participate in geocaching. You will also have the opportunity to search for a few hidden caches! You are encouraged to bring your own GPS unit if you have one, but it is not required.

**Continued...**

**Kayaking Basics** (morning only, double session) – In this introductory class, you will learn and practice basic kayaking strokes. We'll discuss how to select a boat and learn about safety and other equipment. Wear an old pair of sneakers or thick-soled neoprene water booties. You may get wet, so bring a complete change of clothes and footwear. You must be able to swim.

**Muzzleloading** – (morning or afternoon) - Learn all about the firearm that has been used for over 600 years, the muzzleloader. You will be instructed in safe handling, loading and shooting. Participants will get time to practice at the shooting range. A **firearms policy agreement** and, if applicable, a **youth permission slip**, are included (pages 7-8) in this registration packet for signatures before the event date. Bring the signed forms with you to the check-in table on event day.

**Nature Journaling** (morning or afternoon) - Nature journaling is a combination of capturing images found in nature and writing about the observations made in the field. You will learn basic drawing skills, the use of watercolors, colored pencils, photography, and the important elements of nature journaling. You will go on a nature walk to get you started on your own personal nature journal. Blank journals will be provided.

**Outdoor Cooking** (morning only) - Learn a variety of outdoor cooking techniques including Dutch ovens, propane- and wood-fired ovens, and open fire. Receive hands-on knowledge and skills to "wow" your family and friends on your next camping trip.

**Rifle Shooting** (morning or afternoon) - Learn how to shoot with a rifle at still targets. Firearms safety, range rules, holding, and aiming and firing positions will be covered in this course. A **firearms policy agreement** and, if applicable, a **youth permission slip**, are included (pages 7-8) in this registration packet for signatures before the event date. Bring the signed forms with you to the check-in table on event day.

**Shotgun Shooting** (morning or afternoon) - This is a great opportunity for first-timers to get the feel of a shotgun and shoot at still and moving (clay pigeon) targets. Firearms safety, range rules, holding, pointing and firing positions will be covered in this course. A **firearms policy agreement** and, if applicable, a **youth permission slip**, are included (pages 7-8) in this registration packet for signatures before the event date. Bring the signed forms with you to the check-in table on event day.

**Waterfowl Hunting Techniques** (afternoon only) – In this class, you will be introduced to the gear and techniques associated with successful and enjoyable waterfowl hunting. Experienced waterfowl hunters will share their tips for getting the most out of your hunt - from preparing for a trip to field dressing your gamebirds.

**Wild Game Cooking** (one morning session (A) only) - Former Syracuse Post-Standard outdoors writer Mike Kelly will conduct a class on preparing fish and game for the table. He'll demonstrate with some of his favorite recipes -- appetizer, soup, and main course -- and advise on how to pick the right wines for your game dinners. Samples (food, not wine) will be available, and Mike will also hand out recipes for you to try at home.

# WIN Registration Form for April 24, 2010 Workshop

Mail to: Women In Nature, PO Box 163, Manlius NY 13104-9998 All forms MUST be postmarked by **March 26, 2010**  
Read Instructions pages 1-2 for important registration information. **Please print clearly.**

NAME \_\_\_\_\_

PHONE: DAYS (\_\_\_\_) \_\_\_\_\_ EVES (\_\_\_\_) \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

COUNTY \_\_\_\_\_ AGE, IF UNDER 18 \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

**FOR OFFICE USE ONLY**

Postmark Date: \_\_\_\_\_

Date Rec'd: \_\_\_\_\_

By: \_\_\_\_\_

Confirmation mailed: \_\_\_\_\_

Note: \_\_\_\_\_

After carefully reading the *Course Descriptions* on pages 3-4, please check all the courses that interest you. The more courses you list, the better your chances of getting in. Please include **3 or more choices for each session**. You may list preferences: 1 for first, 2 for second choice, 3 for third, etc. **If you chose a Double session, check it in both A & B**

Session A - Morning Session

Session B - Morning Session

Session C Afternoon Classes

Check - 3 or more

Check - 3 or more

Check - 3 or more

\_\_\_ Back Country Survival

\_\_\_ Back Country Survival

\_\_\_ Aquatic Ecology

\_\_\_ Beginning Archery

\_\_\_ Beginning Archery

\_\_\_ Beginning Archery

\_\_\_ Birding Basics

\_\_\_ Birding Basics

\_\_\_ Beginning Fly-tying

\_\_\_ Canoeing Skills

\_\_\_ Canoeing Skills

\_\_\_ Canoeing Skills

\_\_\_ Fishing 101 (Double Session) -----

\_\_\_\_\_

\_\_\_ Geocaching

\_\_\_ Fly-fishing (Double Session) -----

\_\_\_\_\_

\_\_\_ Muzzleloading

\_\_\_ Kayaking Basics (Double Session) -----

\_\_\_\_\_

\_\_\_ Nature Journaling

\_\_\_ Muzzleloading

\_\_\_ Muzzleloading

\_\_\_ Rifle Shooting

\_\_\_ Nature Journaling

\_\_\_ Nature Journaling

\_\_\_ Shotgun Shooting

\_\_\_ Outdoor Cooking

\_\_\_ Outdoor Cooking

\_\_\_ Waterfowl Hunting Techniques

\_\_\_ Rifle Shooting

\_\_\_ Rifle Shooting

\_\_\_ Shotgun Shooting

\_\_\_ Shotgun Shooting

\_\_\_ Wild Game Cooking

Please, place me in classes with (name): \_\_\_\_\_

(A minor and her accompanying adult will be placed in the same classes. Same-class placement for friends & adult relatives is NOT guaranteed).

*Registration materials were printed before the workshop date. Course content, class topics, instructors & schedule are subject to change.*

Free T-shirt Size: \_\_\_ Small \_\_\_ Medium \_\_\_ Large \_\_\_ X-Large \_\_\_ 2X \_\_\_ 3X

Request for alternatives to Wild Game and Fish Lunch:  non-game meat  vegetarian

I hereby acknowledge that there are inherent risks in participating in the Women in Nature (WIN) Outdoor Skills Workshop and that I take full responsibility for all action or injury that may result to myself or my child participating in this program. I agree that I will not bring claims against the Onondaga County Federation of Sportsmen's Clubs, Women in Nature, Camillus Sportsmen's Club, or the instructors, operators, planners, volunteers, or sponsors of this workshop whether such claims are known or unknown in the future. I also give permission for images of myself and my child (if participating) to be used for the sole purpose of promoting Women in Nature and the Onondaga County Federation of Sportsmen's Clubs through publications, displays, its website and other media and waive any rights of compensation or ownership thereto. **If signing for a minor, I also attest that I am the parent or legal guardian of said child, listed on the top of this page.**

Participant's signature or Parent/Legal Guardian's signature if participant is under 18 years of age \_\_\_\_\_

Date signed \_\_\_\_\_

In Case of Emergency, Contact (name): \_\_\_\_\_

phone #1 (\_\_\_\_) \_\_\_\_\_ phone #2 (\_\_\_\_) \_\_\_\_\_

Any allergies/health concerns we should know about: \_\_\_\_\_

2010 Women's Outdoor Skills Workshop  
**Participation Release Form and Emergency Contact**  
For On-line Registrants



Participant's Name: \_\_\_\_\_  
(please print)

I hereby acknowledge that there are inherent risks in participating in the Women in Nature (WIN) Outdoor Skills Workshop and that I take full responsibility for all action or injury that may result to myself or my child participating in this program. I agree that I will not bring claims against the Onondaga County Federation of Sportsmen's Clubs, Women in Nature, Camillus Sportsmen's Club, or the instructors, operators, planners, volunteers, or sponsors of this workshop whether such claims are known or unknown in the future. I also give permission for images of myself and my child (if participating) to be used for the sole purpose of promoting Women in Nature and the Onondaga County Federation of Sportsmen's Clubs through publications, displays, its website and other media and waive any rights of compensation or ownership thereto. If signing for a minor, I also attest that I am the parent or legal guardian of said child, listed on the top of this page.

\_\_\_\_\_  
Participant's signature or  
Parent/Legal Guardian's signature if participant is under 18 years of age

\_\_\_\_\_  
Date signed

\*\*\*\*\*

**In Case of Emergency, Contact (name):** \_\_\_\_\_

**phone #1** (\_\_\_\_\_) \_\_\_\_\_ **phone #2** (\_\_\_\_\_) \_\_\_\_\_

**List any allergies or other health concerns:** \_\_\_\_\_

\_\_\_\_\_

# Women In Nature Outdoor Skills Workshop April 24, 2010

Attention Shooting Class or Shooting Demonstration Participants:

Please read carefully and **bring this form with you** to the April 24<sup>th</sup> Workshop

This is Women in Nature's event policy on firearms:

- 1.) You are allowed to bring your own gun, although, guns will be provided by WIN instructors for your use during class.
- 2.) You alone are fully responsible for securing your personal firearm on site.
- 3.) You are NOT to bring your own ammunition.  
Ammunition will be provided at the WIN shooting class.
- 4.) Always follow the basic rules of gun safety and laws including, but not limited to:
  - Always treat every gun as if it were loaded.
  - Always point your gun's muzzle in a safe direction.
  - Know what your target is and what is beyond it.
  - No loaded guns in or on a motor vehicle.
- 5.) Guns must be kept secured in a case to and from the shooting field.
- 6.) No firearms are permitted anywhere besides the specified shooting venues (the club skeet and target ranges) and for personal firearms, to and from your locked vehicle.
- 7.) Youth participants who are not being accompanied on-site by their legal guardian/parent must bring in the attached permission form - signed by their legal guardian/parent, in order to participate in the shooting classes.

I fully understand and agree to adhere to the above stated **Women In Nature** firearms policy.

Print Full Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Thank you for adhering to our policy to insure your safety and the safety of those around you.

*Onondaga County Federation of Sportmen's Clubs*

*Women In Nature  
Outdoor Skills Workshop*

*April 24, 2010*

**Youth Permission to Handle and Shoot Firearms**

I, \_\_\_\_\_, am the parent or legal guardian  
Print full name of parent or legal guardian

of \_\_\_\_\_,  
Print name of minor child participating in this event

whose date of birth is \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
day month year

and I hereby give permission for him/her to possess a rifle, shotgun, or air-gun for the purpose of handling, loading and firing under the immediate supervision, guidance, and instruction of the event firearms instructors at the Onondaga County Federation of Sportsmen's Clubs' *Women in Nature* Outdoor Skills Workshop taking place on April 24, 2010 at the Camillus Sportsmen's Club, 5801 Devoe Road, Camillus, New York.

Signature \_\_\_\_\_

Date \_\_\_\_ - \_\_\_\_ - \_\_\_\_

Telephone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Participant must bring this signed form to the Workshop and hand it in at the check-in table in order to participate in any firearms shooting course or demonstration.

**Directions to Camillus Sportsmen's Club**

5801 Devoe Road, Camillus NY

(315) 672-8331

**From Syracuse:** Take **I- 690 WEST** to Exit 6/AUBURN to NY-695S. Continue on NY 695S then merge right onto NY Rte 5 WEST/Auburn (2.6mi). Take NY-5 W about 3.5 miles to Exit for CAMILLUS / WARNERS on the right. Turn RIGHT onto NEWPORT Rd / CR-36. Then 0.1 mile and take first RIGHT onto DEVOE RD/CR-216. Turn LEFT at WIN sign after you cross the canal. Go down the canal road, which runs parallel to the Erie Canal, go about 3/4 of a mile to the club entrance.

**From Northeast of Syracuse:** Take **NYS Thruway I-90 to Exit 34A**. Merge onto I-481 S via EXIT 34A toward SYRACUSE / CORTLAND. 3.5 miles. Merge onto I-690 W via EXIT 4 toward SYRACUSE. Follow Directions "**From Syracuse**" above.

**From North of Syracuse:** From **I-81 S** take the BEAR ST / RT-298 exit- EXIT 22- toward I-690 W. 1.4 miles. Turn RIGHT onto W BEAR ST / NY-298. 0.7 miles. Merge onto I-690 W. Follow directions "**From Syracuse**" at top of this page.

**From Northwest of Syracuse:** Take **NYS Thruway I-90 East to Exit 39**. Merge onto I-690 E toward SYRACUSE / FAIRGROUNDS. Follow to Exit 6/Auburn to NY Rte 695 South. Continue on NY 695S then merge right onto NY Rte 5 WEST/Auburn (2.6mi). Take NY-5 W about 3.5 miles to Exit for CAMILLUS / WARNERS on the right. Turn RIGHT onto NEWPORT Rd / CR-36. Then 0.1 mile and take first Right onto DEVOE RD/CR-216. Turn left at WIN sign after you cross the canal. Go down the canal road, which runs parallel to the Erie Canal, go about 3/4 of a mile to the club entrance.

**From Auburn, Weedsport:** Take **NY- 5 East** toward Camillus at Ike Dixon Rd light, go straight, taking West Genesee St (do NOT get onto Rte 5 ramps to Syracuse) into Village of Camillus (1.5 miles) where Kayak shop on left - turn LEFT onto CR 36/Camillus Warners Rd/Newport Rd. follow 0.8 miles to Devoe Rd on Right. Turn RIGHT onto DEVOE RD/CR-216. Turn left at WIN sign just after you cross the canal. Go down the canal road, which runs parallel to the Erie Canal, go about 3/4 of a mile to the club entrance.

**From South of Syracuse:** Take **I-81 N** to Syracuse. Take I-690 W toward FAIRGROUNDS / BALDWINVILLE. Go 3.6 miles. to EXIT 6/ AUBURN. Follow directions "**From Syracuse**" at top of this page.

**From East and southeast of Syracuse:** Take **I- 481 North** to I-690 West. Go 8.6 miles to Exit 6/AUBURN Follow directions "**From Syracuse**" at top of this page.

# WIN Workshop Schedule April 24, 2009

Camillus Sportsmen's Club

| <b>Time</b>              | <b>Event</b>                                |
|--------------------------|---|
| 8:00am - 8:45 am         | <b>Check-in</b>                             |
| 8:00 am - 8:45 am        | Continental Breakfast & Raffle Ticket sales |
| 8:45 am                  | Welcome, Introductions & Orientation        |
| <b>9:00am- 10:15 am</b>  | <b>Session A Classes</b>                    |
| <b>10:30am -11:45 am</b> | <b>Session B Classes</b>                    |
| 11:45 pm - 4:00 pm       | Exhibits Open                               |
| 12:00 pm - 1:30 pm       | Wild Game Luncheon & Raffle Ticket sales    |
| 1:15-2:15                | Demonstrations                              |
| <b>2:30 pm- 3:45 pm</b>  | <b>Session C Classes</b>                    |
| 4:00 pm                  | Raffle Drawing<br>Fill-out Evaluation forms |
| 4:30 pm                  | Approximate Departure Time                  |